

HILTINGBURY HIGHLIGHTS

Issue 25
19th April 2024

Headteacher's message

Dear Parents and Carers,

Welcome back to summer term!

Each year group has started the term with enthusiasm enjoying a range of engaging activities. Year 3 and 5 launched their new curriculum projects that they have been busy planning. As part of their hook, the year 3 team welcomed in their Parents and Carers to share how they use creativity and imagination in their work and really hooked the children in thinking about the importance of these skills. A huge thank you to you all in giving up your time; your involvement has been invaluable! Meanwhile, Year 5 embarked on an enriching journey to Hiltingbury Lakes, immersing themselves in nature and exploring the enquiry question, "Are the best things in life free?" We're eager to witness the outcomes of these innovative projects and the enhancements we've made across our curriculum.

Drama is an important experience for us to provide the children with and year 4 this week delved into the world of Ancient Egypt through their 'play in a day' activity. This hands-on experience allowed our children to step back in time and gain insight into life during this fascinating period. Thank you for making the effort to ensure the children were dressed for the occasion.

We know a lot of our children enjoy cycling and scooting to school and in year 6 this week our offer of Bikeability has started. The children shared that they enjoyed their first session learning how to signal to cross a road. We hope they continue to learn these essential safety skills.

In sporting news, our football team showcased exceptional talent with an impressive 7-1 victory against Oliver Battery Primary School. Congratulations to the team on their outstanding performance!

On Tuesday the year 3 cohort for 2024-2025 places were released by Hampshire and we were pleased to have been able to make our full offer of 96 places to the children. I also visited Hiltingbury Infant school yesterday along with Mrs Hillman and we were able to meet some of the children who will be joining us in September. The children at the Infant School shared they were thrilled to be joining us and told us all about their favourite subjects they currently like.

We hope you all enjoy a relaxing weekend.

Zoe Loosemore



22nd-25th April - Y6
Bikeability

23rd April - House treat

24th April - Music
information evening 5pm in
the school hall

25th April - 'Connected'
parent event 9am, all
welcome

29th April- Y4 Buster Hill
trip

30th April - HSPTA meeting
7.30pm

6th May - Bank Holiday
Monday

7th May-10th May - Y5
Residential

Clubs begin WC 22nd April

Save the Date -
School Community Day-all
welcome:
Thursday 23rd May 1.15pm
'The Spirit of Sustainability'

Weekly Year group highlights

Year 3

[Link to our Weekly Highlights & Gallery](#)



Year 4

[Link to our Weekly Highlights & Gallery](#)

Year 5

[Link to our Weekly Highlights & Gallery](#)

Year 6

[Link to our Weekly Highlights & Gallery](#)

Highlight Wellbeing

Year 5 had a fantastic day on Monday, spending the morning discussing the best things in life and taking time to notice as part of the NHS 5 ways to wellbeing.

Putting it into practice by taking notice of the world around us.



NHS
Hampshire Child and Adolescent
Mental Health Services

CELEBRATING NEURODIVERSITY

A day that focuses on skills and strategies, for parents and carers, and professionals supporting an autistic young person. Hampshire CAMHS Colleagues will be leading this day in co-production with HPCN.

The Kids Coach will focus on
School based anxiety &
Advocating with schools

Wednesday 19th June 2024,
United Reform Church, Jewry St,
Winchester SO23 8RZ

TICKETS £25
includes tea
and coffee

For more information and to book a place go to
www.hampshirecamhs.nhs.uk/campaigns/



NHS
Hampshire Child and Adolescent
Mental Health Services

HOW TO COPE WHEN YOUR CHILD CANT

A one-day event focused on parents/carers understanding their own needs and learning strategies to look after themselves as they support a child struggling with their own mental health.

Keynote speakers, Professor Roz Sharan, Dr Alice Welham and Ursula Saunders authors of "How to cope when your child cant"


An afternoon session of Gentle somatic movement, stretching, embodied meditation & mindfulness, deep relaxation & community connection. Led by Chameleon Coaching

For more information and to book a place go to:
www.hampshirecamhs.nhs.uk/events/

Thursday 25th April 2024, St Peters Church,
Jewry St, Winchester SO23 8RY

First 20 bookings get a free parent
manual worth £10

TICKETS £25
includes tea,
coffee and
lunch




Future in Mind

Looking to promote
POSITIVE MENTAL HEALTH
in your 0-25 year old?

- The Hampshire Parent Carer Network invites all parent carers to free support
- Free workshops with trained professionals.
- Connect and gain support with peers
- Build knowledge and feel empowered Online and in person across Hampshire

March/ April 2024 Workshops & Peer Support

- 21st March** - Self Harm, Suicidal Thoughts? - Managing Crisis with CAMHS - Basingstoke 10:15
- 27th March** - Supporting in School Transitions - Totton New Forest 10:15
- 23rd April** - 'Now' Conversations in Supporting Anxiety in Teens- Fareham 10:15
- 24th April** - New to Autism or on the pathway? Session with a Clinical Psychologist- Aldershot 10:15

For more information
and to book visit
www.linktr.ee/futureinmind



Follow us on our socials:



Get Togethers

April 2024 Sessions

For parent carers of children and young people (0-25 years old) with any additional needs (diagnosis not needed).

- ✓ Would you like to have a chance to Share experiences?
- ✓ Discuss local issues,
- ✓ Share your views about the services that support our children and young people?

✓ **17th April, 10am: Basingstoke** - The Viabes Craft Centre, 19 The Harrow Way, Basingstoke RG22 4BJ

✓ **18th April , 10am: Fleet** - Online Meeting ID: 873 2309 8581
Passcode: GT

✓ **22nd April, 10am: Aldershot** - The Games Shop, 6 Wellington Street, Aldershot GU11 1DZ

✓ **26th April , 10am: Alresford** - The Swan Hotel, 11 West Street, Alresford, SO24 9AD

Please keep an eye on our website
and Socials for new dates and
locations being added

HAMPSHIRE
PARENT CARER
NETWORK



Follow us on our socials:



linktr.ee/hpcn.org.uk



participation@hpcn.org.uk

PARENT SUPPORT PROGRAMME

2024

Thursday 11th January
'Adolescence'

Thursday 14th March
'Anxiety Management'

Thursday 2nd May
'Neurodiversity'

Thursday 4th July
'Building Confidence,
Resilience & Self-Esteem'

Thursday 3rd October
'School Transitions'



WYC, in partnership with Solent Mind, delivers sessions on a variety of topics for parents/carers who support young people aged 11-25yrs in the Winchester district. The sessions will be delivered by clinical experts and will provide an opportunity to meet other parents/carers who support children or young people experiencing mental health and/or emotional difficulties. Booking is essential.

When? 6.00 - 7.30pm



Where? Solent Mind
Wellbeing centre, Priory
Gardens, Parchment St,
Winchester SO23 8AU

£10 to book your space:
winchyc.org

Or scan here



Connect With Us:

  @WinchesterYouthCounselling

More Information:

psp@winchyc.org
01962 820 444

SAVE THE DATE
SCHOOL COMMUNITY DAY

The spirit of Sustainability

Thursday 23rd May
1.15pm



All parents & carers
are welcome!